

1-ON-1 BASKETBALL TRAINING

30
MINUTE
SESSIONS

**OPEN TO
EVERYONE
MEMBERS &
NON-MEMBERS**

IN-PERSON SESSIONS

One-on-one sessions with our basketball trainer, Logan Buzzell, are open to anyone ready to enhance their basketball skills. Together, you'll identify the areas that need the most improvement, and Logan will design customized drills and exercises to help you excel.

Packages and sessions can be purchased by visiting: fivepointswashington.org/personal-training or by purchasing Personal Training sessions with Logan through the Five Points Washington App.

Questions? Contact Basketball Trainer, Logan Buzzell:
309.213.6968

SKILLS TO IMPROVE ON:

- Proper Shooting Mechanics
- Footwork
- Dribbling
- Passing
- Defense
- Receiving a Pass
- Shooting with Proper Footwork
- Pick & Roll
- Pick & Pop
- Posting Up
- Coming off a Pick (Curl & Flare)
- Fast Break



BASKETBALL TRAINING PRICING

All training sessions are 30-minutes long. Date and time of training is mutually agreed upon by the client and the trainer



1-on-1 Basketball Training

# of Sessions	Member	Non-Member
1 session	\$45	\$65
5 sessions	\$115	\$140
10 sessions	\$210	\$235
20 sessions	\$385	\$420
40 sessions	\$680	\$760



Logan Buzzell has been passionate about basketball since childhood, playing organized ball through high school. After graduating, he began coaching at Bethel Lutheran School in Morton, where he led teams for four seasons. He currently teaches Physical Education at Christ Lutheran School and has coached basketball there for the past three years.

In addition to his school roles, Logan has spent multiple summers working with youth of all ages at various sports camps, focusing on skill development and character building. He is currently completing his Bachelor's degree in Health, Physical Education, and Recreation, further strengthening his foundation in athletic development and youth mentorship.

Logan's coaching philosophy centers around creating a positive, fundamentals-based environment where athletes can grow in both skill and confidence. His goal is to help young players develop strong habits, teamwork, and a love for the game.

In Logan's basketball training sessions, athletes will work on core skills such as shooting mechanics, ball handling, passing, footwork, defense, rebounding, and game awareness. He emphasizes drills that build coordination, decision-making, and court vision—preparing athletes to succeed in both practice and competition.

