## Last updated: 7/29/25

## **August Five Points Kids Schedule**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
Born to move virtual					Kids Club 8-12	Kids Club 8-12
does not have an					Growing Strong 9-11 AM	
instructor					Born to Move Virtual	12-5:30 Open Swim
					10:30-11:10 AM	
					11:10-11:50 AM	
					12-6:45 Open Swim	
3	4	5	6	7	8	9
	Kids Club 8-12	Kids Club 8-12	Kids Club 8-12	Kids Club 8-12	Kids Club 8-12	Kids Club 8-12
	Growing Strong 9-11	Growing Strong 9-11	Growing Strong 9-11	Growing Strong 9-11 AM	Growing Strong 9-11 AM	
12-5:30 Open Swim	Kids on the Move 11-11:45	Born to Move Virtual	Kids on the Move 9:30-10:15	Born to Move Virtual	Born to Move Virtual	
	12-8 Open Swim	11:05-11:45 AM	Born to Move Virtual 12:30-1:15 PM	12:30-1:15 PM	10:30-11:10 AM	12-5:30 Open Swim
Family Pool Volleyball 2-3	Kids Club 4-8 PM	12:30-1:15 PM	12-8 Open Swim	4:15-4:55 PM	11:10-11:50 AM	
	Kids on the Move	12-8 Open Swim	Kids Club 4:30-8 PM	12-8 Open Swim	12-6:45 Open Swim	
	5:45-6:45 PM	Kids Club 4:30-8		Kids on the Move		
				5:45-6:45 PM		
				Fun and Fit Jr. Comp pool-6-6:30 PM		
10	11	12	13	14	15	16
12-5:30 Open Swim	Kids Club 8-12	Kids Club 8-12	Kids Club 8-12	Kids Club 8-12	Kids Club 8-12	Kids Club 8-12
	Growing Strong 9-11	Growing Strong 9-11	Born to Move Virtual 12:30-1:15 PM	Born to Move Virtual	Born to Move Virtual	
Family Pool Volleyball 2-3	Kids on the Move 11-11:45	Born to Move Virtual	4-8 Open Swim	12:30-1:15 PM	10:30-11:10 AM	12-5:30 Open Swim
	4-8 Open Swim	11:05-11:45 AM	Kids Club 4:30-8 PM	4:15-4:55 PM	11:10-11:50 AM	
	Kids Club 4-8 PM	12:30-1:15 PM		4-8 Open Swim	4-6:45 Open Swim	
	Kids on the Move	4-8 Open Swim		Kids on the Move		
	5:45-6:45 PM	Kids Club 4:30-8		5:45-6:45 PM		
				Fun and Fit Jr. Comp pool-6-6:30 PM		
17	18	19	20	21	22	23
	Kids Club 8-12	Kids Club 8-12	Kids Club 8-12	Kids Club 8-12	Kids Club 8-12	
12-5:30 Open Swim	4-8 Open Swim	Born to Move Virtual	Born to Move Virtual 12:30-1:15 PM	Born to Move Virtual	Born to Move Virtual	Kids Club 8-12
	Kids Club 4-8 PM	11:05-11:45 AM	4-8 Open Swim	12:30-1:15 PM	10:30-11:10 AM	
Family Pool Volleyball 2-3	Kids on the Move	12:30-1:15 PM	Kids Club 4:30-8 PM	4:15-4:55 PM	11:10-11:50 AM	12-5:30 Open Swim
	5:45-6:45 PM	4-8 Open Swim		4-8 Open Swim	4-6:45 Open Swim	
		Kids Club 4:30-8		Kids on the Move		
				5:45-6:45 PM		
				Fun and Fit Jr. Comp pool-6-6:30 PM		
24	25	26	27	28	29	30
12-5:30 Open Swim	Kids Club 8-12	Kids Club 8-12	Kids Club 8-12	Kids Club 8-12	Kids Club 8-12	Kids Club 8-12
	4-8 Open Swim	Born to Move Virtual	Born to Move Virtual 12:30-1:15 PM	Born to Move Virtual	Born to Move Virtual	12-5:30 Open Swim
Family Pool Volleyball 2-3	Kids Club 4-8 PM	11:05-11:45 AM	4-8 Open Swim	12:30-1:15 PM	10:30-11:10 AM	
	Kids on the Move	12:30-1:15 PM	Kids Club 4:30-8 PM	4:15-4:55 PM	11:10-11:50 AM	31
	5:45-6:45 PM	4-8 Open Swim		4-8 Open Swim	4-6:45 Open Swim	12-5:30 Open Swim
		Kids Club 4:30-8		Fun and Fit Jr. Comp pool-6-6:30 PM		Family Pool
						Volleyball 2-3

Growing Strong is offered for children who are in the Kids Clubhouse. All children must report to the clubhouse. Growing Strong is offered only on school holidays and summer break, when the clubhouse is completely staffed and only when there are enough age-appropriate children for an attendant to leave the room. If we are short staffed, due to safety reasons, we are unable to take the children to the gym for Growing Strong.