



A Message from Five Points Washington:

The 2024 Live at Five Points Show Series is almost here! My name is Josh Schnetzler and I am the Theater Manager here at Five Points. I first started working here in November of 2022 when I finished college. I stumbled upon a job posting for the Special Events Coordinator at Five Points on Indeed. I knew I had a connection to Five Points, because my family used to be members, and my former high school choir director was employed there at the time; so I applied that day and was hired 2 weeks later! After working in the Banquet and Wedding departments for around a year, I was named Theater Manager in January of 2024. I have been very appreciative of my managers for trusting me with this position and giving me the opportunity to use my knowledge in the arts to try to bring some exciting shows to this community!

Speaking of exciting shows, we have an awesome set of concerts coming up this second half of the year! Kicking off our Show Series on August 2nd is The Red Hot Chilli Pipers (NOT Peppers haha)! They're a rock group based out of Scotland that takes rock and pop hits from the last 40 years and adds a Scottish twist to them by incorporating bagpipes: they call this music 'bagrock'. It is a unique and fun show that will guarantee to rock the stage! There are two other concerts in August as well, both of which are presented by Moxie Events. On August 23rd, we have a tribute band to The Eagles for a night of their greatest hits. Then on August 24th we have The Magic of Motown; this concert will be a medley of the biggest hits of over a dozen of Motown's greatest artists.

September 29th will have an interactive art and music circus that will be a blast for the whole family: Artrageous! This show will feature a large variety of acts, such as black-light dancing and acrobatics, singing, interactive paintings, where they will paint a picture of an audience member live on stage, and many more! The show will also conclude with a short viewing gallery of the artwork created during the show, so guests can get an up-close look at some of the incredible art they made on stage.

In October, we will have two concerts. On October 10th, we partnered with Martin Media to bring in iconic contemporary artist Amy Grant! We are so happy to have an opportunity to bring an artist of this caliber into our facility and hopefully there will be more to come like this through our partnership with Martin Media. Then, on October 19th, we are bringing in local 80s cover band Decade of Decadence to put on an epic show for us. This concert will be all about the 80s, and guests are encouraged to dress in the style of the 80s! The opening act for this show will be another local cover group, Mixtape Mayhem.

Our final concert of the 2024 Show Series will be on December 5th, where we will host The Wizards of Winter for a Christmas concert. The Wizards are a Christmas music group that plays in the same style as the Trans-Siberian Orchestra. This is not only because the music of the Trans-Siberian Orchestra is great, but it's also because some of the members of the Wizards of Winter were original members of the Trans-Siberian Orchestra! There are also members who toured with Blue Oyster Cult, Def Leppard, Alice Cooper and more.

I am so excited about this year's set of shows, and I hope you all are too! Please keep an eye out for our Facebook page, Five Points Live, for any and all updates regarding these shows and any future shows to come.

- Josh Schnetzler, Theater Manager

Members of the Month ABIGAIL AND JAMES



EMPLOYMENT ANNIVERSARIES

July

5 Tyrin Johnson
5 Sarah Sutter
7 Layla Fuller
7 Ryan Sander
10 Devon Atkins
11 Laura Howard
13 Aiden Renshaw
13 William Udell
15 Keaton McTaggart

16 David York
22 Spencer Summer
23 Scott Bloch
25 Kristie Searle
27 Alicia Astbury
27 Ruby Williams

August

2 Lindsy Peacher
15 Rebecca Byler Dann
16 Julia Tippey
16 Megan West
17 Braden Minger
18 Austin Patterson
19 Amanda Lairmore
19 Amanda Wilke-Diaz

FIVE POINTS TEAM CONTACT

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FITNESS



Megan West
Fitness Manager

In our 4th year of Bike for a Cause benefiting St. Jude, we raised \$21,145 dollars! The weather had us inside the lobby, but we still had lots of fun! Huge shout-out to our sponsors Neal Tire and Auto Service, API, M4 Steel and Cops INC. Security Solutions.

This year's event had a couple new additions DJ stretch from MDT productions joined us later in the day for Pictionary, cornhole and trivia! The Lions Club cooked up pork chops, pulled-pork, corn dogs and brats. They kindly donated 10% of their profits to St. Jude. Amy Jones, who is a cancer survivor, told her story and helped encourage us to raise even more money for the kids at St. Jude. We had a lot of local businesses donate raffle prizes which helped us raise even more money for the kids!



Our dog show was a huge hit again this year! We had 12 dogs signed up and the entry fee was all donated back to St. Jude. The winners received prizes donated by Pur Vida Pets! We are so thankful to have had our partners, Elite Sports Recovery and 5 Star Nutrition join us that morning and have their services available during our event. Thanks to Joyful Yards for putting a huge sign in our front yard the day of the event!



4th Annual
Bike for a Cause

Thank you to everyone that came out to participate in the events we had planned, as well as to everyone for their kind donations. Thank you to everyone that made this event possible. This was a lot of work putting together this event, but I had a great team of people helping me along the way! We look forward to next year and raising even more money for the kids at St. Jude!



\$21,145 dollars
raised for St. Jude!



This year's 3 on 3 Youth Basketball Tournament will take place on **August 3**. This tournament is open to kids that will be in grades 6-8 this fall. If you are interested in signing up, come to the front desk. If you have any question, please contact tournament organizer Will Christian at willchristian411@gmail.com.

TOUGH MUDDER TRAINING CLASS

Five Points Washington members have a great opportunity to do a **Tough Mudder** together! The Five Points training team will be participating in the **Tough Mudder** up in Rockford, IL on August 24th at 11AM. We will be hosting a 4-week training class that will start on **July 24 on Wednesday evenings at 6:15PM**. The registration is **\$35**; you will get the 4-week training, Five Points t-shirt and a **FREE** ticket to the **Tough Mudder** race (\$93 value). We look forward to taking a team up to Rockford and completing this fun challenge together.



Leslie Anderson
Group Fitness Coordinator

Group Fitness this summer is in full swing! We have our Les Mills launch coming up July 13th; shortened classes all morning long, so that you can try as many classes as you can. Each class will have all new music and routines led by your favorite instructors.

We have added Les Mills SHAPES to the group fitness schedule. This low impact workout has been very popular so far. This class is based on Pilates, Barre and Power Yoga. It is designed to bring the burn!

We are excited to have another fun team program coming in the latter part of July. More details coming, but get your teams of 4 ready for the Five Points Summer Olympics! We love group fitness here and we challenge everyone to try a class, you won't regret it!

YOUR HEALTH AND WELLNESS

Hello! I'm Kelsea Sollberger, the new Health & Nutrition Coach here at Five Points Washington. You might wonder what sets a Health & Nutrition Coach apart from a Nutritionist or Dietician? While nutritionists and dieticians specialize in the scientific study of nutrition from a biochemical standpoint and thus craft tailored dietary plans. As a Health and Nutrition Coach, my focus is on guiding, supporting and holding individuals accountable as they strive to enhance their dietary habits and overall well-being.



In my role, I assist clients in setting and reaching goals related to weight management, sports performance, disease prevention or general wellness. Unlike simply prescribing meal plans or dietary restrictions, my approach emphasizes behavior change, aiding clients in developing sustainable lifestyle habits.

Along the journey together, as your Health & Nutrition Coach, I help you delve into the "Why?" behind your goals, uncovering your motivations. Together, we cultivate a disciplined mindset that aligns with the new identity you're shaping. In our sessions, I focus on you as an individual, providing you with valuable knowledge and leaving you with 1-3 actionable steps to kickstart your progress.

I invite you to join me for my inaugural course: "Mastering Behavior Change: Leveraging Habits for Personal Growth," offered for FREE this August at Five Points.

Kelsea Sollberger's Journey...

With over a decade of experience as a **Learning and Behavior Specialist**, Kelsea Sollberger has dedicated her career to empowering others to reach their full potential. Her journey into the realm of health and wellness began when she embarked on her own transformative path.

While passionately teaching students about self-regulation and social awareness, Kelsea recognized that her own life was in need of a profound change. Struggling with managing her weight, forgetfulness, poor self-esteem, anxiety and a sense of disconnection from her body, **she realized that she needed to prioritize her own well-being.**

In **2019**, Kelsea made the decision to embark on a health journey that would change her life forever. Through dedication and perseverance, she discovered the profound sense of freedom that came with taking care of her body. This newfound passion ignited a desire to delve deeper into the realms of health and wellness.

In **2022**, Kelsea solidified her commitment by obtaining her **Nutritional Coaching Certification**. Armed with a wealth of knowledge and practical experience, she is adept at navigating the often complex and overwhelming world of fitness, nutrition, and health.

Kelsea understands firsthand the challenges and obstacles that individuals face on their journey to well-being. With **empathy and understanding**, she guides her clients through the process of **self-discovery**, helping them to evaluate their current season of life and develop sustainable changes that compound over time.

As a dedicated **Health and Nutrition Coach**, Kelsea is committed to empowering her clients to achieve their goals and lead fulfilling lives. With her guidance, support and expertise, **she will help you unlock your full potential and embark on a journey of holistic wellness.**

Join Kelsea on the path to a healthier, happier you. Your journey to a vibrant life starts here.

Five Points members can purchase the MVP membership at a discount: \$75 per month. With the MVP membership discount you receive: unlimited access to the Recovery Room, one FREE recovery eval, one FREE rehabilitation plan, 10% off on ALL 1-on-1 services, \$10 discount on all massage therapy services.



Five Points members receive 20% off office visits



Five Points members receive **5% OFF** when they mention they are Five Points Washington members.

AQUATICS



Rachele Mullen
Aquatics Coordinator

Meet our NEW Aquatics Coordinator: Rachele Mullen

Hi, I am Rachele Mullen, I will be taking over for Mason Kleiber as the new Aquatics Coordinator at Five Points. I will be managing the lifeguard staff, birthday parties and pool rentals.

I've lived in Washington since July 2023 where my family and I have been members at Five Points the entire time. My background is in aquatics-instructing & guarding, but have been subbing fitness classes since February. Make sure to say hi if you see me!

I am looking forward to being even more involved in the fun, inclusive, hard-working environment at Five Points!

POOL HOURS

Mon-Thurs.....5:00 AM - 8:30 PM
Friday.....5:00 AM - 6:45 PM
Saturday6:00 AM - 5:30 PM
Sunday.....7:00 AM - 5:30 PM

SUMMER OPEN SWIM HOURS

Mon-Thurs.....12:00 PM - 8:00 PM
Friday.....12:00 PM - 6:45 PM
Saturday and Sunday.....12:00 PM - 5:30 PM
**Last day for summer open swim is Friday, August 9th*

Special Open Swim Hours:

July 4th.....10-2:30PM

Please check our aquatics fitness class schedule for a list of classes. The pool is open for therapy use and personal exercise as well.

Swim Team Practices

M, W, Th | 11AM-12:30PM | Lanes 4-8
Tue. | 11:15AM-12:15PM | Diving Well
**until July 31*

Girls Season: begins with practices M-F 3:30-5:30PM, lanes 4-8. See aquatics calendar for meet dates.

Lifeguard Classes

We are offering another full Lifeguard Certification course through the Red Cross. To register visit:
fivepointswashington.org/lifeguard-classes.

Certification: July 27-28, 9AM-6PM

Fall 2024 class dates are coming soon!

SWIM LIKE A MERMAID

WITH MERMAID Rachele

Learn how to swim like a mermaid using a mermaid tail! With safety as the top priority, participants will be taught how to move through the water using a combination of their legs and the tail. Throughout the lessons, participants will learn tricks and techniques. This is a fun way to learn a new way to swim and move through the water.

All participants must be able to swim and be comfortable in the water. **A swimming test may be required.* All sessions are 45 minutes.

Packages can be private or semi-private groups (up to 3 participants—we do not pair participants in semi-private groups, you must already have a group in mind).

Interested? Submit a request form online or directly to the Aquatic Manager. *You will be paired with the mermaid and contacted directly by her to set up scheduling.*

POOL PARTIES

Parties are available on Saturdays & Sundays.

60
Minutes
Swim Time

60
Minutes
Party Time

We allow up to 15 participants in the pool and up to 30 in the party room. Additional fee is added for each participant (if more than 15) swimming.

**Parents must be in the water at all times with children 5 and under.*

Members: \$230

Non-Members: \$250

MERMAID BIRTHDAY PARTY

Saturdays or Sundays 11:30AM-1:30PM. 60 minutes in the water and 60 minutes in the party room.

A real-life Mermaid will swim with all your participants and there will be an option for photos as well!

**For safety reasons, all children must be 6 years of age or older. They also must be comfortable swimming in both the deep and shallow water to swim with the mermaid.*

Members: \$450
Non-Members: \$470

POOL RENTALS

Group Outings

Available during open hours, group outings can be held at the pool or both the pool and the gym. Rates vary depending on group size.

- Girl/Boy Scouts
- Field Trips
- Summer Camps

After Hour Rentals

Package 1: Small Rental	Package 2: Medium Rental	Package 3 : Large Rental
<ul style="list-style-type: none"> • Up to 100 people • 1-3 hours, \$300/hour • Includes 3-4 lifeguards 	<ul style="list-style-type: none"> • 100-150 people • 1-3 hours, \$350/hour • Includes 5 lifeguards 	<ul style="list-style-type: none"> • 150-200 people • 1-3 hours, \$400/hour • Includes 6 lifeguards

FIVE POINTS KIDS



Haley Waters
Clubhouse Lead

Welcome to the Kids Clubhouse at Five Points Washington! Join us every Tuesday and Thursday this summer for fun-filled mornings of exercise and games with our fantastic instructors, Naomi Kuhlman and Will Christian, from 9:30-10:15AM. This Kids on the Move program is designed for kids ages 6 and up, our program promises an exciting and engaging time for everyone.

We are thrilled to introduce our newest team members, Amy Larsen, Tina Schreyer, and Cassie Colson, who are all eager to bring their energy and creativity to the Clubhouse.

Don't miss out on our special Fourth of July craft event! Yes, Kids Clubhouse will be open that Thursday, so come celebrate with us. See you all summer long at the Kids Clubhouse!



Tuesdays & Thursdays
9:30-10:15AM

Naomi Kuhlman - **Tuesdays**
Will Christian - **Thursdays**



Amy Larsen



Tina Schreyer



Cassie Colson

Parents can drop off their kids in the Clubhouse early and staff will take them to Kids on the Move in the upstairs Theater hallway.

FIVE POINTS KIDS CHEER CAMP

Cheer Camp will run for one week: July 8-12.
Age 6-9 | 12-12:45 PM
Age 10-12 | 1-2 PM

FIVE POINTS KIDS THEATER CAMP

Theater Camp will run for three days: July 29-31.
10AM-12PM each day
Open to ages 10-14

FIVE POINTS KIDS

YOUTH FITNESS CLASS SCHEDULE

AQUATIC FUN & FIT JUNIOR

This is a fun aquatic exercise class that incorporates games in the water. For ages 7+, **Thur. 6-6:30PM.**

KIDS ON THE MOVE

This class will focus on coordination, group exercises and other fun fitness activities which will help kids increase speed, flexibility, agility and structure. For ages 7-12, **Mon. and Thur. 5:45-6:45PM.**

BORN TO MOVE (VIRTUAL)

This teaches age-appropriate motor skills that improve agility, balance, coordination, endurance, flexibility and speed. For ages 7+, **Tues.-Thur. 12:30-1:15PM.**

GROWING STRONG

Allow your child to enjoy supervised activities in the gym! Your child must check into the Kids Clubhouse to participate in the Growing Strong program. For ages 3 to 11. Children must be potty trained. **Mon.-Fri. 9-11AM.**

KIDS CLUBHOUSE HOURS

Daytime Hours:

Monday.....8AM - 12:45PM
Tuesday - Saturday.....8AM - 12PM
Sunday: CLOSED

Evening Hours:

Monday & Wednesday.....4PM - 8PM
Tuesday.....4:30PM - 8PM

INTERESTED IN 2 FREE HOURS OF CHILD CARE?

For members with a family memberships, we offer 2 hours of FREE child care per day. Kids Clubhouse is for ages 6 weeks - 11-years-old. Reservations are required for children 6 weeks - 12 months and can be made by calling 309-444-8222.

Don't have a Family Membership? No problem! We can watch your child for a small fee while you workout. The cost is \$9/hour.

For more information, stop by the front desk or visit our membership page on our website.

If you have any questions or concerns regarding the Clubhouse or any Five Points Kids programming, please contact Brad Weaver; Aquatic, Program and Clubhouse Manager: bradw@fivepointswashington.org

LIVE @ FIVE POINTS EVENT CENTER & THEATER

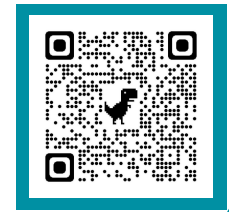


Josh Schnetzler
Theater Manager

May and June were very busy months for the Theater here at Five Points. May was full of springtime concerts, such as Peoria Area Civic Chorale's performance of the Fauré Requiem and Heartland Festival Orchestra's Rhapsody in Blue. We finished up this years' dance recitals with three dance studios in May and five different studios holding their recitals in June.

For this July, the month will start off with a free show from Gospelfest Ministries. After that concert concludes, the Theater will not be having shows for the following few weeks, as we begin to work on repainting the stage floor! We are prepping the Theater for our upcoming concert series, and then also looking to see what the cost would be to replace the stage floor completely next year. Anyone who is interested in donating to help replace the stage floor should contact me at either joshs2@fivepointswashington.org or at (309) 444-8299x21.

Our concert series will begin in August with the Red Hot Chilli Pipers on August 2nd! We will also have concerts paying tribute to the Eagles and Motown Records on August 23rd and 24th. Then, in September, we will have music and arts circus, Artrageous, performing on our stage! It will be a fun time for the whole family. Additional information on these shows and more can be found on the front page of this newsletter.



For complete details and to purchase tickets to our events, scan the QR code or visit FivePointsWashington.org/events

Join us for Five Points Fridays, a vibrant community event where fun meets relaxation! Our next gathering is on July 12 from 5-9PM. The highlight of the evening will be the energetic band Capt. Quirk taking the stage at 6PM to entertain us with their lively tunes.

For the young adventurers, we'll have a bounce house and slide provided by Pump Up the Fun, ensuring a thrilling time for kids of all ages. Meanwhile, food trucks will be serving up delicious treats and the bar will be open for those looking to unwind with a refreshing drink.

Don't forget to swing by our rock painting station, where you can join in the fun of growing "Rocko," our community rock snake! It's a creative activity for all ages, where you can add your artistic touch to a collective masterpiece. Let your imagination run wild as you paint and decorate rocks to contribute to Rocko's ever-growing length.



Paige Wize
Special Event Banquet Manager



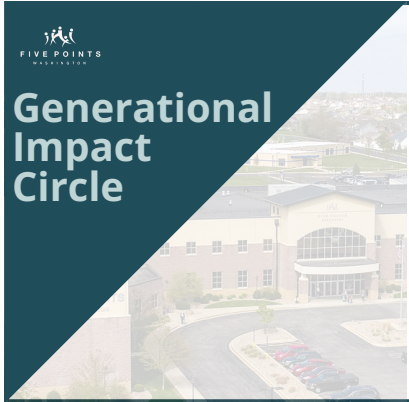
Get ready to wrap up the season in style at our finale Five Points Friday on August 16th! The evening promises to be a blast with Vinyl Tap rocking the stage starting at 6PM. Their music will set the perfect tone for a lively and memorable night.

In addition to the music, Central Illinois Cruisers will be joining us with a fantastic car show. Explore a stunning array of classic and custom vehicles, meet fellow enthusiasts and enjoy the craftsmanship on display.

This event isn't just for car lovers and music aficionados; there will be something for everyone. Whether you're looking to dance to great tunes, admire beautiful cars, or simply savor the last warm evenings of summer with friends and family; Five Points Fridays on August 16 is the place to be. We can't wait to see you there!



FUND DEVELOPMENT



We are excited to roll out the Generational Impact Circle. Generational Impact Circle participants are the leading annual donors of Five Points Washington that give \$1,000 or more. They give annually to support the vision and dedication to be a community of well-being for Generations to come. A commitment to the Generational Impact Circle represents an investment in fostering wellness, performing arts, celebration and strengthening connections within our community. These annual gifts go to help fund necessary projects above operational costs. For more information visit www.fivepointswashington.org/support.

19th Hole

DINNER AND DUELING PIANOS

We would like to invite you to the 19th Hole Dinner & Dueling Pianos evening celebration. This will be a night of celebration with a silent auction, dinner from Bernardi's, and entertainment from Central Illinois Dueling Pianos. You can find more information and purchase tickets by scanning the QR code.



Proceeds from the Golf Outing will benefit our Performing Arts Center. Five Points Washington is a unique gathering place where individuals and the greater community can grow. It's where a future musician performs on a theater stage for the first time.



Over the years, we have partnered with incredible organizations to utilize our performing arts center for education, fundraising, local theater programs, dance, Central Illinois choir and band festivals and other incredible art partnerships. We have also been able to bring world-class comedians, bands, speakers, orchestras, artists and creative performing arts productions. To continue these partnerships as well as to bring unique and creative talents to Central Illinois, there are some necessary updates required. We hope you will join us at the Golf Outing or at the 19th Hole to help us raise the money to keep our theater up to date!

SENIOR ROOM

Senior Luncheon July 31 & August 28 | 10:30AM-12:30PM

Join us in Banquet Room C for the Washington Park District's monthly Senior Luncheon. These are held on the last Wednesday of every month. *You do not have to be a Five Points member to attend.*

SENIOR ROOM GAME SCHEDULE

- Monday**.....**12:30PM**.....Mexican Train Dominoes*
.....**1:00PM**.....Speaker Series**
- Tuesday**.....**1:00PM**.....Pinochle, Euchre 
- Wednesday**.....**1:00PM**.....3-13 (similar to Gin Rummy)
- Thursday**.....**12:30PM**.....Pinochle, Hand & Foot
- Friday**.....**1:00PM**.....Wii Bowling 

*Mexican Train Dominoes is from 12:30-3PM on the 1st and 3rd Mondays of the month.

BINGO

WPD BINGO
1st Tuesday of each month | 10AM
July 2 & August 6

SPEAKER SERIES

CUBS/CARDINALS RIVALRY...FACT OR FICTION? 

Monthly guest speakers will entertain and educate on a variety of topics. Join us in the Five Points Senior Room every fourth Monday from 1-3PM.

Attendance is free and Five Points membership is not required. Coffee and refreshments will be provided.



July 22 | 1-3PM

Cubs/Cardinals Rivalry...Fact or Fiction?

Are there more Cubs fans or Cardinal fans in the area? We'll have memorabilia from both on display and have lots of trivia questions to challenge everyone.

Ballpark treats and good-natured gibberish served up as we finally settle...whose team is going to be playing into October and November! This is a **FREE** event and you do **NOT** have to be a Five Points member to enjoy the Speaker Series.



Join Us Every Fourth Monday from 1-3PM

FACILITY ANNOUNCEMENTS



Kids Clubhouse will have normal hours.

Facility Hours: 4:30AM - 3PM

Fitness Classes:

July 3

- 5PM BodyAttack - Canceled
- 5:45PM BodyStep - Canceled
- 6PM BodyPump - Canceled
- 6:05PM SPRINT - Canceled
- *4:30PM BodyBalance will still be held.

July 4

- 5:15AM CORE - Canceled
- 5:45AM BodyStep - Canceled
- *All other classes are held before facility closure at 3PM.

July 5

- 5:30AM BodyPump - Canceled
- *All other classes are held as scheduled.

Open Swim:

- 10AM - 2:30PM
- Pool closes at 2:30PM

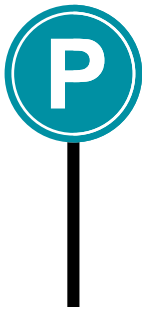
Aquatic Classes:

July 4

- 6AM Deep Water - Canceled
- *All other classes are held as scheduled before pool closure at 2:30PM.

July 5

- Classes held:
- 8:30AM Aqua Arthritis
- 9:30AM Fun and Fit
- *All other classes are canceled on the 5th



LIMITED PARKING

July 31 - August 4

Ledgestone Open Disk Golf Tournament will be in town and using the facility during the week of July 31 - August 4. Parking will be limited and traffic will be heavier than normal during these times. Please allow extra time if you are coming to the facility.

FIVE POINTS PARTNERS

When the game is on the line, don't let lag win.



Faster, more reliable gaming and streaming with MTCO Internet + Premium Managed Home Wi-Fi.



UPLOAD speeds that MATCH the DOWNLOAD speeds!

Upload speed is vital for sending files, video conferencing, e-learning, gaming, & more!



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Washington Community Bank
Member FDIC



Washington Community Bank is again excited to support many community events this Summer. You may see their name on the shirts of the Washington to Peoria St. Jude Run, as a major sponsor for the run. The Bank is also sponsoring the Back to School Bash at the Washington Park Pool on August 8th, as well as Connect Church's Family Fun Fest event on August 10th. You'll see their banner in Five Points' lobby and track area, and you can stop out to see them at 1895 Washington Road (across from Taco Bell) for all of your banking needs!

