

Aquatics Training/Swim Training Request Form

Participant's Name: _____ Age: _____ D.O.B: _____

Parent name (if applicable): _____

Referred by: _____

Date requested: _____ Phone Number: _____

Email Address: _____

Preferred Method of Contact for Scheduling (Please circle): phone call text email

Training Packages

Private Sessions		Semi-Private Sessions	
Member	Non-Member	Member	Non-Member
Single: \$30	Single: \$45	Single: \$26	Single: \$41
4 pk: \$85	4 pk: \$100	4 pk: \$71	4 pk: \$86
8 pk: \$150	8 pk: \$175	8 pk: \$126	8 pk: \$151

All trainings are 30-minute sessions. Prices are per participant.

Aquatic Training participants must be 12 or older

Swim Training participants can be any age

Potential swim training clients will be required to come to a complimentary pre-req swim test to swim 25 yards unassisted. If you can not swim 25 yards unassisted, please inquire about swim lessons.

Training Information

of sessions per week: _____

of sessions desired: _____ (see pkg. types)

Please list any special goals you would like to achieve with these sessions/reason for joining training

(swim training, swim endurance, stroke development, competitive swimming skills, preparing for an event, weight loss, medical, flexibility, arthritis, other):

Is there a specific Aquatics Trainer you prefer?

(if an instructor's availability is full, you may not be guaranteed a specific instructor)

Participant Availability

Best Times for Lessons (please circle):

7am-11am 11am-2pm 2pm-4pm 4pm-7pm

Best Days for Lessons (please circle): M T W Th F Sat Sun

Please list any medical concerns or special notes for the instructor:

Once you have requested training, we will pair you with an instructor who will contact you personally to schedule sessions. When there are many requests, it may take some time to find an available instructor, especially if you indicate a very limited availability/one specific instructor.

You will be contacted as soon as an instructor is available.

All payment will be collected on or before the first session.

Mason Kleiber, Aquatics Coordinator at masonk@fivepointswashington.org or
444-8222 ext. 24